

# **BENGAL INSTITUTE OF ORIENTAL STUDIES**

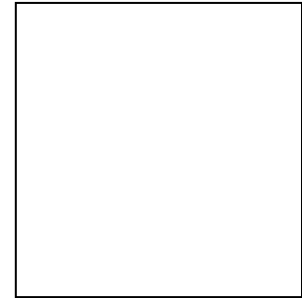
(An International Institute of Oriental Studies & Cultural Heritage)

**W.B. Govt. Registration. No.: IV-1604-00083/2018.**

**Reg. office : Chak Rajumolla. P.O. Pailan, P.S. Bishnupur, Kolkata 700 104.**

**Branch: Padmapukur, Baruipur, Kolkata 700 144.**

## **APPLICATION FORM**



I, Wish to study the teachings and learn the non-sectarian principles and techniques of meditation for God-communion taught to truth seekers of all religions by Sri Sri Turyananda Nath. I avow that. I am undertaking this study in a spirit of deepest sincerity. I realize that in order to progress spiritually on the Hamsa – **Yoga** path. I promise not to show to others these sacred Lessons or path, nor to revel the basic techniques of energization, concentration or Meditation without the prior permission of Sri Sri Guru Turyananda Nath.

Full Name:

Address:

Phone No:

Date of Birth:

Single / Married:

Aadhaar No.:

Educational qualifications:

Chief interests and activities:

Occupation:

Do you believe in a Supreme Being? .....

Have you taken Diksha from any other source?

Are you doing any other Sadhana?

My special reasons for wishing to participate

Turyanda Nath's Hamsa-Yoga workshop are:

Date:

Place:

\_\_\_\_\_  
Signature

## RULES & REGULATIONS:

1. ELIGIBILITY      The Hamsa-Yoga practice campaign is open to all individuals as well as members of BIOS, students of any schools, colleges, educational Institutions and any distinct Yoga Association.
2. GROUP            The participants are open to both males and females according to the below age groups. There will be a total of 12 groups, 6 groups for female and 6 for male as per below:
- Group A. Below 15 years
- Group B. 15 years to 25 years
- Group C. 25 years to 35 years
- Group D. 35 years to 45 years
- Group E. 45 years to 55 years
- Group F. 55 years above
- (Your age as at 1st January 20\_\_\_ will determine the age group you are in)
3. EVIDENCE OF AGE      Participants of campaign (male & female) applying for entry shall provide a birth Certificate or Identification card for proof of age.  
For participants below 18, the form must be signed by the guardian or parents.
4. PROHIBITION      Any stimulating drug or alcoholic beverage must not be used before / during the Campaign by any participant and their use will be treated as violation of the rules.  
The Committee has the full right to suspend a participant up to 3 years as Disciplinary action.

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Signature